**MONARCH WRESTLING – Papillion La Vista High School**

“Code of Conduct”

**2017-18 Season**

Achieving a high level of sportsmanship in our sport starts with you! Participating in the sport of wrestling is a privilege, not a right. As with all privileges, there comes the responsibility to maintain that privilege. One of your responsibilities as a representative of our community and our sport is to conduct yourself in a way that reflects positively on your teammates, your family, your community, your coaches, and yourself.

It is important that all wrestlers, parents & coaches adhere to the following:

1. I will show good sportsmanship at all times! Swearing, throwing head gear, kicking, hitting, talking back will **not** be tolerated.

2. I will respect and **not** criticize my teammates.

3. I will control my temper.

4. I will respect the opposing team and shake hands at the conclusion of each dual/match.

5. I will not taunt or yell at opposing players and/or teams.

6. I will respect referees and not openly criticize them. I will remember that they are in control of each match/dual, and that they are human and will make mistakes. The referees will have the last word, even if it results in me being asked to leave the event.

7. I will show respect to all equipment, supplies and facilities (home & away).

8. I will not make any alterations to PLHS-issued apparel or equipment that must be returned and I understand that I will be held financially responsible for any damages to any issued items.

9. I will strive to have fun and help ensure that my teammates have a fun wrestling experience as well.

10. I will play hard and fair at all times.

11. I will do my best to be on time and with a positive attitude.

12. I will not speak on behalf of the PLHS in forums, chat rooms, and any other social media areas. You are entitled to personal opinions, but understand that words on social media reflect you and you are responsible for your actions.

I have read and understand the Monarch Wrestling “code of conduct”. I understand that any violation of this code may result in disciplinary action being taken against me up to and including suspension/removal from the team/club/event. **Other disciplinary action includes (but not limited to):** Wrestler dismissed from practice(s) or competition(s), parents notification, Conference with the parent(s).

Concerns in any of these areas should be brought to the Head Coach first. The Athletic Director and Coaches reserve the right to deal with situations on an individual basis and handle accordingly.

Both wrestler and a parent are required to sign & date.

**Parent signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_**

**Wrestler’s signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_**